



CENTRAL SUSQUEHANNA
REGION SCHOOL EMPLOYEES'
HEALTH & WELFARE TRUST

CS Trust Bulletin

August 2023



Rx Savings Solutions (RxSS) Update

According to RxSS, there is a total overall savings opportunity of \$225,508 in the next fill. This includes \$59,376 for registered members and \$166,132 for non-registered members.

Employers are encouraged to share the attached [flyer](#) with their full-time benefits-eligible staff. Eligible employees can visit myrxss.com or scan the QR code included on the flyer to access an account.

Also, all eligible staff are encouraged to join one of the daily webinars that RxSS is offering from October 16th through October 27th. Members will learn how to find lower-cost options and pharmacies, change or transfer prescriptions and participate in a Q&A session.

Interested staff should click on the below link for registration information.

[Registration \(gotowebinar.com\)](https://gotowebinar.com)



Geisinger Wellness Program Update

Geisinger has added a rewards program to their 2023/2024 Wellness Program through Central Susquehanna Trust. Both Geisinger members and non-members are welcome to participate at no cost to the employee!

Participants who achieve the designated amount of points by completing wellness activities will receive entries into a prize raffle of \$800 in gift cards at the conclusion of the program. Employers are encouraged to share the attached [flyer](#) with the appropriate staff member that oversees their wellness initiative.



Capital Blue Cross has approved the following local education agencies as 2023 Live Healthy School Grant award recipients: Bloomsburg, CSIU, Mifflinburg, Shikellamy, and Warrior Run with grant awards ranging between \$1,000 and \$2,500. The purpose of the grant is to help assist schools in implementing programs and activities that promote the overall health and well-being of their students. Programs must help students stay physically active, improve nutrition or provide nutrition education.

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