



CENTRAL SUSQUEHANNA
REGION SCHOOL EMPLOYEES'
HEALTH & WELFARE TRUST

CS Trust Bulletin

January 2025



The Affordable Care Act (ACA) requires plans to cover certain preventive items and services at a \$0 cost share to their members. CS Trust's plans are currently enrolled in the Express Scripts standard offering for HIV pre-exposure prophylaxis (PrEP) based on the recommendations of the U.S. Preventive Services Task Force (USPSTF).

Effective January 1, 2025, the Express Scripts ACA standard HIV PrEP offering, which currently includes generic Truvada, will be updated to include Descovy and Apretude without cost sharing, along with an enhanced ICD verification on the claim. Brand-only products Descovy and Apretude will be included until generic products become available.



The Geisinger Health and Wellness initiative invites staff to utilize the attached lab work voucher for a complimentary fasting glucose and lipid panel screening. Staff can use this voucher at any of the approved Geisinger clinics listed on the back side of the voucher. The voucher is valid through April 30th so staff can schedule an appointment when it suits their schedule.

Also, by participating in this screening, staff will earn 50 points towards Geisinger's Wellness Rewards Program.

[GEISINGER LAB VOUCHER](#)



Jen Carricato, CBC Senior Health Education Consultant, has provided an updated wellness guide for CS Trust member employers. This guide is a strategic wellness calendar resource plan to address common target areas for member health and wellness. Live wellness program offerings hosted by the Health Promotion and Wellness team and email templates are included in this one resource to make promotion easy.

[CBC WELLNESS GUIDE](#)

Employers are encouraged to contact Jen Carricato at Jenifer.Carricato@CapBlueCross.com for additional resources, program suggestions and/or presentations, consultative instruction, and self-directed initiatives that can be focused specifically on their group population.

Also, the [Health Promotion and Wellness Collection](#) has a comprehensive listing of various collaterals for promoting the many different services.

Employers can explore the Capital Blue Cross Connect offerings, including [monthly webinars](#) and information regarding [biometric days](#).

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