



# CS Trust Bulletin

## November 2023



### New Maximum Out-of-Pocket Limits and Medical Identification Cards

As a result of the change to the maximum out-of-pocket limits, all staff enrolled in a medical plan through either Capital Blue Cross or Geisinger Health Plan will be receiving a new identification card for January 1, 2024. The new maximum out-of-pocket limits are listed in the chart below.

| HSA/HDHP Limits                             | 2023     | 2024     | Change  |
|---|----------|----------|---------|
| Maximum out-of-pocket for HDHP - Individual | \$7,500  | \$8,050  | \$550   |
| Maximum out-of-pocket for HDHP - Family     | \$15,000 | \$16,100 | \$1,100 |

| OOP Maximum Limits (Non-HDHP)                            | 2023     | 2024     | Change |
|--|----------|----------|--------|
| Maximum out-of-pocket for non-grandfathered – Individual | \$9,100  | \$9,450  | \$350  |
| Maximum out-of-pocket for non-grandfathered –Family      | \$18,200 | \$18,900 | \$700  |

### Settlement in School District / National Prescription Opiate Consultant Litigation

A class action settlement notice was distributed to all school districts in regard to McKinsey & Co, Inc., National Prescription Opiate Consultant Litigation. According to the notice, funds will be awarded on a competitive basis as grants to school districts that submit a funding proposal “for projects to abate and mitigate the effects of the opioid crisis in public schools.”

In Solicitor Balducci’s opinion, it would not be worthwhile to undertake the preparation of a grant proposal given the unknown amount of the total settlement fund and the competitive nature of the process. However, ultimately it is up to the individual school districts to decide if they want to submit the proposal.



### 2024 Schedule of Preventive Care Services

Capital Blue Cross has released the 2024 Schedule of Preventive Care Services. A link to review the Schedule is directly below.

[2024 Schedule of Preventive Care Services](#)

## Capital Blue Cross Wellness Sessions Scheduled

As a reminder, all participating school employers must complete one virtual or onsite wellness session annually. The next CBC wellness session is scheduled for Tuesday, December 5. If this requirement is still outstanding, please share the below information and request that at least one person register for one of the sessions below.

Sessions:

[PA Trust Wellness Session #2](#), Tuesday, December 5<sup>th</sup>, 10:00 am – 10:30 am

[PA Trust Wellness Session #3](#), Wednesday, January 10<sup>th</sup>, 11:00 am – 11:30 am

[PA Trust Wellness Session #4](#), Tuesday, February 13<sup>th</sup>, 11:00 – 11:30 am

[PA Trust Wellness Session #5](#), Wednesday, March 27<sup>th</sup>, 1:00 pm – 1:30 pm

## CBC Nurse Line Program Ending 2024

Due to limited use and other available services, CBC will discontinue Nurse Line starting January 1.

Members can continue to use Healthwise® Knowledgebase, their interactive online health resource, to find general information about healthcare topics; this resource is available at no charge to members and is available through their secure accounts.

## Blue365 Free Demo

CBC members are invited to join a free demo on December 6, 2023, at 3:00 p.m. to learn about Blue365® which is a program that offers CBC members premier health and wellness discounts from dozens of national brands. Please share the below registration link with your staff.

[Blue365 for Employers Demo \(blue365deals.com\)](https://blue365deals.com)



## Express Scripts Electronic ID Cards and Welcome Kits UPDATE

CS Trust staff has recently been notified by Express Scripts that the effective date for moving to digital-only IDs and welcome kits has been changed to April 1, 2024.

As a reminder, this change will drive member registration and engagement to the ES website or app where members will be able to provide their preferred contact information and also download their member ID card(s).



SaveOnSP, the copay assistance benefit administrator, continues to monitor available specialty manufacturer copay assistance programs to optimize savings opportunities. Drug list modifications for January 1, 2024, ensure alignment with SaveOnSP's research and are based on the inclusion of the copay assistance benefit in the pharmacy benefit plan design.

These changes have minimal plan participant impact. Please review and share the [2024 Copay Assistance Benefits Drug List](#).

\*Prescription drug benefit plan terms will always take precedence. Medications with prior authorization criteria must be approved in advance by the plan and follow applicable laws and/or regulations.