



CENTRAL SUSQUEHANNA
REGION SCHOOL EMPLOYEES'
HEALTH & WELFARE TRUST

February 2022 Bulletin



COVID-19 at home, over-the-counter tests update

Attached is an Express Scripts flier that provides Capital Blue Cross subscribers important information on at-home, over-the-counter COVID-19 tests. Please note that the tests must be for personal use or the use of a covered plan member. Subscribers cannot receive a test through Express Scripts or request reimbursement of a test if it was purchased for employment purposes, reimbursed by another source, or placed for resale.

[Click here to view the Express Scripts flier.](#)

Any Capital Blue Cross subscribers that purchased and paid out-of-pocket for a COVID-19 test beginning on January 15, 2022 can complete an Express Scripts Prescription Drug Reimbursement form to request reimbursement. Reimbursement for at-home, over-the-counter tests will be capped at \$12 per test (or \$24 per 2-pack).

[Click here to view the Express Scripts Prescription Drug Reimbursement Form.](#)

COVID-19 Waiver Extensions

The national emergency has recently been extended to April 15, 2022.

CS Trust Executive Committee reviewed and approved the below COVID-19 waiver extensions. Both items will be on the next CS Trust agenda for trustee ratification.



Capital Blue Cross

Waive copay for COVID-19 testing through April 15, 2022

Waive member cost share for COVID-19 vaccine

Waive member cost share for over-the-counter, at home COVID tests

Ended December 31, 2021:

Waive member cost share for Virtual care through December 31, 2021



Geisinger

Waive copay for COVID-19 testing through April 15, 2022

Waive member cost share for the COVID-19 vaccine

Waive member cost share for over-the-counter, at home COVID tests

Opt out of the following effective April 16, 2022:

Waive member cost share for Telemedicine visits through April 15, 2022 (Effective April 16, 2022, there will be participant cost-sharing for Telemedicine.)

Waive cost share for in-network, in-patient treatment of COVID-19 through April 15, 2022 (Effective April 16, 2022, there will be participant cost-sharing for in-network, in-patient treatment.)

March Mayhem Wellness Challenge

All employees are invited to participate in the March Mayhem wellness challenge, provided by Geisinger. The challenge will officially start on March 7th and ends on April 3rd.

Now is the time for employees to grab their friends or coworkers to form a March Mayhem team and compete against teams from different employers across Pennsylvania. The goal of this challenge is to achieve the most steps by tracking physical activity and participating in surprise Overtime Challenges. This wellness challenge will encourage participants to increase their physical activity and improve overall health and get a chance to win prizes like wireless earbuds, smart scales, cold brew coffee makers and hydro flasks!

A team can include up to six members. Simply record activity using personal pedometers, phone apps or wearable fitness trackers and submit weekly for a chance to win a prize! Register a team today or no later than March 2nd at go.geisinger.org/mmreg. Team members are encouraged to register independently for email reminders at go.geisinger.org/mmemail. Detailed information packets will be sent to those who register.

[Click here for the Geisinger March Mayhem flier.](#)

Geisinger Behavioral Health Services

Geisinger members are reminded that behavioral health care services are available. Geisinger members are encouraged to review the attached flier and/or contact the Behavioral Health Care Connector team for more information. Contact information can be found on the flier and also on a Geisinger member's identification card.

[Click here for the Geisinger behavioral health services flier.](#)