

CS Trust Bulletin November 2022



Rx Savings Solutions

Heather Fait, Rx Savings Solutions (RxSS) – Director of Client Success, presented an overview of the RxSS program to the CS Trustees at the October 26, 2022 board meeting.

Trust staff is pleased to report that there have been at least 15 new member registrations since the board presentation!

Employers are encouraged to share the below flyer and webinar link with eligible staff. (Please note that the below flyer was also included with the open enrollment documents.)

[RxSS CST Open Enrollment Overview Flyer](#)

[Geisinger RxSS Flyer](#)

RxSS Webinar: The Easiest Way to Lower Prescriptions Costs:

<https://attendee.gotowebinar.com/recording/311694380968065804>

Please contact Diane Morgan at dmorgan@csiu.org or (570) 523-1155, ext. 2308 with any questions.



Express Scripts – Changes to the 2023 National Preferred Formulary

The Express Scripts (ES) list of new exclusions and preferred alternatives for January 2023 is available [here](#).

The small percentage of members being asked to switch to preferred medications will receive personalized notifications, reminder communications and alerts about preferred options. ES will also notify physicians and pharmacist before the exclusions are implemented.

Mercer pharmacists reviewed the changes and believe that they are clinically defensible cost-management strategies. Many of the changes are for single source brands with alternatives available in the same therapeutic categories.

Formulary exceptions are available for members where it would be inappropriate to transition to one of the covered formulary alternatives.



CS Trust Medical Funding Holiday Update

Employers saved more than \$4.2 million in September 2022 as a result of the medical funding holiday approved by CS Trustees. To-date, there have been six medical funding holidays (totaling 6 ½ months of premium) that have saved employers more than \$19.8 million.



Blue Cross Dental

Employers are encouraged to share the following dental reimbursement form with employees enrolled in a dental plan through Central Susquehanna Trust. The form can be completed and returned to Blue Cross Dental for reimbursement of any eligible expenses covered by the dental plan that are paid out-of-pocket as a result of visiting a non-participating dentist for services.

[Blue Cross Dental Form](#)

Please note that if a member visits a non-participating provider, the member is responsible for paying the deductible, coinsurance and the difference between the non-participating provider's charges and the allowable amount. In comparison, participating providers agree to accept CBC's allowance as payment in full – often less than their normal charge.

The Blue Cross Dental network can be found using the provider search on the CBC website at www.capbluecross.com.

As a reminder, both the dental and vision plans are fully customizable. Employers are encouraged to contact Diane Morgan at dmorgan@csiu.org if interested in reviewing or updating either plan.

CBC Wellness Webinars

All participating school employers must complete one virtual or onsite wellness planning session annually with Capital Blue Cross. To assist in meeting the 2022/2023 requirement, Jenifer Carricato, CBC Senior Health Education Consultant, has scheduled five different sessions with the first one being Tuesday, November 15, 2022. By joining one of these sessions, the employer will satisfy the 2022/2023 requirement.

Information on the sessions were emailed to the business managers on November 8th. Feel free to contact Diane Morgan at dmorgan@csiu.org for more information.