

## CS Trust Bulletin

### July 2025



#### Teladoc® Services Ending and Moving In-house

After July 31, 2025, Geisinger Health Plan (GHP) will no longer be offering services through Teladoc®. Geisinger will be moving these services in-house using DexCare, a healthcare technology vendor.

The following virtual services will be available through Geisinger Health Plan:

- Routine and Specialty care: Providers in the Geisinger Health Plan network may offer virtual appointments during regular daytime hours. Members should call their provider's office or go to [geisinger.org/health-plan](https://www.geisinger.org/health-plan) and click "Find a provider or location" to find providers. Members will need to choose the Geisinger HMO All Access network within the search.
- Virtual Urgent Care: Geisinger offers virtual urgent care daily, from 7 a.m. to 7 p.m. for minor medical concerns (for members ages 2 and older). Members can go to <https://www.geisinger.org/patient-care/conditions-treatments-specialty/virtual-urgent-care>.
- Tel-A-Nurse: A nurse is available to offer medical advice 24 hours a day, 7 days a week by phone. Members can call 877-543-5061.

#### 2025-2026 Wellness Rewards Program

All CS Trust members are invited to participate in Geisinger's 2025-2026 Wellness Rewards Program. Employees can build healthy habits by completing activities and then getting rewarded for their efforts. Click on the following link to learn more about the program.

[2025 26 Wellness Rewards Program Flyer](#)



[MyCare Finder](#)

Capital Blue Cross (CBC) now has how-to tips and videos at [MyCare Finder](#) to assist with finding doctors and specialists. These tips and videos are located behind the "Need help using MyCare Finder?" tile.

Members can also be guided through cost estimates upfront, helping them know what to expect and be able to avoid any unexpected charges.

No need to wait on the phone! There is a "Book now" feature that allows members to make an appointment online if their provider of choice offers this option.

## Get social with your healthcare!

Members can follow CBC on [Facebook](#), [Instagram](#), or [LinkedIn](#), where they share events, deals and discounts, health and wellness tips, and more. Members can also visit CBC in person at one of their five [Capital Blue Cross Connect](#) health and wellness centers, where they can get free health and nutrition consultations, take fitness classes, or ask questions about their health plan.

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