

CS Trust Bulletin December 2024



Express Scripts Pharmacy Update – GLP-1 Medications

Express Scripts (ES) is taking steps to protect the patient supply of GLP-1 medications. After December 1, 2024, new patients submitting GLP-1 prescriptions to Express Scripts Pharmacy will be contacted and directed to fill the prescriptions at an in-network retail pharmacy of their choice. ES will continue to evaluate the GLP-1 supply to determine if any adjustment to this policy can be made.

Patients currently receiving GLP-1 prescriptions through ES are not impacted. This change will help ensure that everyone already receiving GLP-1 medications can maintain an adequate supply and limit any interruption in therapy.

There is no change to the prior authorization process.



Capital Blue Cross Wellness Sessions Scheduled

As a reminder, all participating school employers must complete one virtual or onsite wellness planning session annually with Capital Blue Cross. The next session is scheduled for Tuesday, January 7th and the last session is scheduled for Wednesday, February 5th.

By joining, the employer will satisfy the 2024/2025 requirement. If this requirement is still outstanding, please share the below session information with your wellness contact and request that at least one person attend one of the sessions.

Sessions:

[Wellness Session # 4 -Tuesday, January 7th – 10:00 am - 10:15 am](#)

[Wellness Session #5 -Wednesday, February 5th - 3:30 pm - 3:45 pm](#)

2025 Capital Blue Cross Schedule of Preventive Care Services

Employers are encouraged to share the 2025 CBC Schedule of Preventive Care Services flyer with staff. The Schedule highlights preventive care services available under CBC coverage. The Schedule is reviewed and updated periodically based on the U.S. Preventive Services Task Force (USPSTF) recommendations.

[CBC 2025 PPO Preventive Schedule](#)



The annual contribution and out-of-pocket maximum limits will change effective January 1, 2025. The updated limits are included in the chart below. As a result of these changes, Capital Blue Cross and Geisinger will be issuing new member identification cards for anyone enrolled in a medical plan.

2025 Annual Limits for High Deductible Health Plans (HDHP) and Out-of-Pocket (OOP)

Maximum

HSA/HDHP Limits	2024	2025	Change
Annual HSA contribution limit - Individual	\$4,150	\$4,300	\$150
Annual HSA contribution limit - Family	\$8,300	\$8,550	\$250
Minimum deductible for HDHP - Individual	\$1,600	\$1,650	\$50
Minimum deductible for HDHP - Family	\$3,200	\$3,300	\$100
Maximum out-of-pocket for HDHP - Individual	\$8,050	\$8,300	\$250
Maximum out-of-pocket for HDHP - Family	\$16,100	\$16,600	\$500

OOP Maximum Limits (Non-HDHP)	2024	2025	Change
Maximum out-of-pocket for non-grandfathered – Individual	\$9,450	\$9,200	-\$250
Maximum out-of-pocket for non-grandfathered – Family	\$18,900	\$18,400	-\$500

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