



# CS Trust Bulletin

## May 2023



### **CS Trust Funding Holiday September 2023**

At the Spring CS Trust meeting, Trust staff recommended approval of a one-half (½) month medical funding holiday during the 2023-2024 fiscal year. The funding holiday will be limited to active employees' medical insurance for the month of September 2023. The funding holiday represents approximately a \$2,300,000 return of health insurance premiums to CS Trust member school districts for the next school year and a total return of over \$10,800,000 in health insurance premiums over the past three fiscal school years.

### **Geisinger Wellness Program**

Geisinger Health Plan (GHP) has graciously offered to continue the CS Trust wellness program for the 2023-2024 fiscal year at no cost to CS Trust. This is the fourth consecutive year that GHP has waived the cost of the wellness program premium which has saved the CS Trust on average \$90,000 annually.

### **Geisinger's March Wellness Challenge**

The grand total of steps taken by CS Trust participants during Geisinger's March wellness challenge was 112,154,309. Collectively all participants walked around the world greater than 2 times. The average daily steps per participant was 11,885.

Congratulations to the Star Shufflers for ranking #1! Attached is a flyer that includes the final rankings. [LINK HERE.](#)

### **Geisinger Virtual Urgent Care**

Virtual urgent care is now available to Geisinger participants from 9 a.m. to 7 p.m. on weekdays and from 8 a.m. to 5 p.m. on weekends.

Virtual urgent care allows those that are 18 years and older to get same-day care for minor medical concerns from the comfort of home. A few of the conditions treated include allergies, insect/tick bites and pink eye. Medications can also be prescribed as part of the treatment if needed.

Participants are encouraged to visit the below link for more details.

<https://www.geisinger.org/patient-care/conditions-treatments-specialty/virtual-urgent-care>



## **Digital ID Cards and Welcome Kits**

Member engagement through Express Scripts' (ES) pharmacy benefit has never been more important than it is today to drive better health outcomes and plan performance. By enabling more real-time and two-way communications in the channels members prefer – like the ES website and mobile app – ES can improve engagement and receive better results.

Effective January 1, 2024, Express Scripts will be moving to a digital-only ID and welcome kit. This change will drive member registration and engagement to the ES website or app where members will be able to provide their preferred contact information and also download their member ID card(s).

Details will be forthcoming later this year.