



CENTRAL SUSQUEHANNA
REGION SCHOOL EMPLOYEES'
HEALTH & WELFARE TRUST

CS Trust Bulletin

August 2025



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CS Trust Board Meeting Announcement

The next CS Trust board meeting is scheduled for Thursday, October 16, 2025. The meeting will be held in person at the CSIU and begin at 6:00 p.m. Dinner will be available before the meeting from 5:30 p.m. to 6:00 p.m.

If you haven't already registered your attendance, please click on the link below or email Diane Morgan at dmorgan@csi.org by September 25, 2025.

<https://forms.gle/cN8TSF3V2JaVDamV8>

The agenda and supporting documents will be emailed to trustees before the meeting.



Stand and Step Together Challenge

Geisinger is starting a new Stand and Step Together partner-based wellness challenge on Monday, August 25. Staff are encouraged to grab a partner and join this 4-week step challenge that encourages participants to increase their daily steps and reduce sedentary behavior while enjoying some friendly competition.

The registration deadline is quickly approaching. [Register here](#) by August 20.

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