



CENTRAL SUSQUEHANNA  
REGION SCHOOL EMPLOYEES'  
HEALTH & WELFARE TRUST

## CS Trust Bulletin

### November 2025



#### Changes to SafeGuard Rx

SafeGuardRx is a value-based solution that empowers members to take control of their health, while protecting plans from high costs.

As the health care landscape evolves, so does Express Scripts (ES). As part of their ongoing commitment to plans and members, they are retiring the programs and components of SafeGuardRx, as noted below, to focus their resources on those that demonstrate the strongest, measurable impact for members.

#### Effective January 1, 2026, the following key changes will take place:

- + **HIV Care Value<sup>®</sup> Program**  
This program will be retired, allowing ES to focus on those that yield the most value. In 2024, HIVCV contributed less than 1% of the overall value received from SafeGuardRx. ES will continue to support at-risk members through other patient-centric nonadherence solutions within their organization.
- + **Pulmonary Care Value Program<sup>SM</sup>**  
In recent years, utilization has shifted from brand-name medications to more affordable generics, and average manufacturer price caps have also reduced the cost of several drugs included within the program. These market changes have organically solved most of what PCV was designed to address, so this program will be retired.
- + **Specialty Adherence Protection<sup>SM</sup> Program**  
After a careful review of outcomes and performance, ES has decided to retire this program. Its conclusion does not mean they are taking a step back from specialty adherence support. ES remains committed to improving patient adherence through several other specialty programs.
- + **Weight Management Care Value<sup>®</sup> Program**  
The 120-day threshold for discontinuation credit will be removed to remain consistent with other programs within the platform. Plans will receive discontinuation credits per month per 30-day prescription for a total of 90 days if a member falls off therapy. Early discontinuation rates will be revised as part of our ongoing commitment to program optimization.

#### Effective December 20, 2025 (as previously communicated):

- + **BCR-ABL genetic testing** for patients with chronic myeloid leukemia will no longer be included in the Oncology Care Value Program due to low utilization.

## SaveOnSP Product List Effective January 1, 2026

SaveOnSP, the copay assistance benefit administrator, continues to monitor available specialty manufacturer copay assistance programs to optimize savings opportunities for Express Scripts members. Drug list modifications for January 1, 2026, ensure alignment with their research and are based on the inclusion of the copay assistance benefit in their pharmacy benefit plan design. These changes have minimal impact on plan participants. Please click the link below to access the drug list.

Click the following link to view the changes associated with the applicable drug list: [www.saveonsp.com/CACOUT012026](http://www.saveonsp.com/CACOUT012026). The additions are highlighted in green, and the removals are highlighted in red.

SaveOnSP will send a letter to the impacted plan participants and place follow-up outbound calls.



### Maintain, Don't Gain

The holiday season is full of tempting treats, and many people gain unwanted weight. Stay on track this holiday season by joining Geisinger's annual weight maintenance challenge for tips and motivation to stay healthy and balanced all season long. Maintain, Don't Gain starts on Monday, Nov. 17.

Register [here](#) by Thursday, Nov. 13.

Participants will receive weekly emails with tips, encouragement and bonus challenges to keep them motivated. The more participation, the more raffle entries someone earns, increasing their chances of winning a prize.



### Reminder - Capital Blue Cross Wellness Sessions Scheduled

All participating school employers must complete one virtual or on-site wellness planning session annually with Capital Blue Cross.

If your school employer has not yet participated in a session, please share the information below. By joining, the employer will satisfy the 2025/2026 requirement.

Sessions and Registration Links:

- [PA Trust Wellness Credit Touch Point- Session #3, Wednesday, December 3rd, 2 pm-2:15 pm](#)
- [PA Trust Wellness Credit Touch Point- Session #4 Friday, January 9th, 10 am-10:15 am](#)
- [PA Trust Wellness Credit Touch Point- Session #5 Monday, February 9th, 3:30 pm-3:45 pm](#)