

CS Trust Bulletin

August 2024



Formulary Update

On October 1, Geisinger will remove Humira® from its prescription drug formulary. There are several adalimumab biosimilars currently available. These biosimilars contain the same active ingredient as Humira® and have no clinically meaningful differences.

Geisinger has notified the impacted members. The biosimilars are part of the coupon program so members won't see any change in their cost sharing for the drug. The specialty pharmacy providing the medication will work with the participant's doctor to choose a preferred biosimilar and give a new prescription if appropriate.

Wellness Rewards Program

Geisinger is again offering a Wellness Rewards Program beginning September 1 – May 2, 2025.

Build healthy habits by completing activities and get rewarded for your efforts.

Here's how it works:

- Register and log in at wellness.geisinger.org
- Choose healthy activities you want to complete
- Each completed activity is worth a designated amount of points
- Earn 100 points or more and be rewarded

Points level structure and rewards system*:

- Bronze: 100 points – 1 prize raffle entry
- Silver: 150 points – 10 prize raffle entries
- Gold: 200 points – 20 prize raffle entries

\$800 in gift cards will be raffled off at the conclusion of the program.



Rx Savings Solutions (RxSS) is hosting a webinar event in October for any staff member enrolled in a CS Trust health plan who wants to learn more about the prescription drug savings program. This program does not replace the prescription plan but is an additional resource to help save money. Currently there are

28.6% of eligible members registered in RxSS. The average savings per fill is \$84.42 and there has been a total member savings of over \$242,000.

The webinar will include information on:

- Activating a free account
- Using the RxSS web portal and mobile app
- Live one-on-one phone & chat support from real pharmacy experts
- Live Q & A after the webinar to answer all questions.

Webinar dates/times:

- Monday, October 14, 2024 @ 1:00 p.m.
- Tuesday, October 15, 2024 @ 3:00 p.m.
- Wednesday, October 16, 2024 @ 1:00 p.m.
- Thursday, October 17, 2024 @ 3:00 p.m.
- Friday, October 18, 2024 @ 1:00 p.m.

[REGISTER TODAY](#)



Employees who are enrolled in a health plan with Capital Blue Cross (CBC) can save time and money by making the best choice for their care.

According to CBC, a primary care provider (PCP) is typically the first option for most people. PCPs get to know the employee on a personal level and have a more well-rounded understanding of their health history and care. Employees should visit their PCP for routine care or other nonemergency medical issues, such as yearly exams, preventive screenings, stress management, medication management, or minor illnesses and injuries. Employees can find an in-network PCP close to them using [MyCare Finder](#).

Employees can seek the help of an urgent care center for more immediate concerns that require treatment within 24 hours, such as minor fractures from accidents or falls, rashes, eye infections, allergic reactions, abdominal pain, fevers, and more.

Life-threatening emergencies should be treated in an emergency room. This would include severe fractures, severe burns, poisoning, severe abdominal pain, choking, heart attack, or very sudden events that are not typical and are causing pain and discomfort.

Employees who can't yet see a PCP soon enough and aren't sure if their condition warrants an urgent care visit, can log on to [VirtualCare](#) through the Capital Blue Cross app and see a provider right away — seven days a week, 24 hours a day.

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