

# CS Trust Bulletin March 2024

CENTRAL SUSQUEHANINA REGION SCHOOL EMPLOYEES' HEALTH & WELFARE TRUST **CS**TRUST

# **CS Trust Board Meeting Reminder**

The next CS Trust board meeting is scheduled for Monday, April 29, 2024. The meeting will be held in person at the CSIU and begin at 6:00 p.m. Dinner will be available before the meeting from 5:30 p.m. to 6:00 p.m.

If you haven't already registered your attendance, please click on the link below or feel free to email Diane Morgan at <u>dmorgan@csiu.org</u> by April 15<sup>th</sup>.

# https://forms.gle/WQjC1G61zUDmGPFQ9

The agenda and supporting documents will be emailed to trustees prior to the meeting.

# CS Trust 2023 1094-B and 1095-B ACA Reporting

Conrad Siegel successfully filed the CS Trust 2023 1094-B and 1095-B reporting for employers with the IRS on March 11, 2024.

# Geisinger Health Plan

# Step-by-Step Guide to Medicare

The attached packet is a step-by-step guide to Medicare. This guide was provided by Geisinger and includes a timeline, coverage options, Q&A, and important resources for anyone approaching age 65. Employers are encouraged to share this guide with any interested staff member.

#### Medicare Step-by-Step Guide

#### **Geisinger Names New President**

Geisinger Health Board of Directors has appointed Terry Gilliland, MD, as president of Geisinger and selected him to assume the role of CEO when Jaewon Ryu, MD, JD, transitions to leading Risant Health. Directly below is a link to the official announcement.

Announcement - Geisinger Names New President



### Capital Blue Cross FINAL Wellness Session Scheduled Wednesday, March 27, 2024

The final CBC wellness session is scheduled for Wednesday, March 27<sup>th</sup> at 1:00 p.m. As a reminder, all participating school employers must complete one virtual or onsite wellness planning session annually with Capital Blue Cross. By joining this session, the employer will satisfy the 2023/2024 requirement.

If this requirement is still outstanding in your district, please share the below information with your wellness contact and request that at least one person register and attend.

#### PA Trust Wellness Session #5, Wednesday, March 27<sup>th</sup>, 1:00 pm – 1:30 pm

#### **Omada – Health Management Smartphone App**

Omada is a health management smartphone app that is available to CBC participants. Normally this app costs over \$700 a year but is currently included in CBC's health plans at no cost to participants.

Omada may be just what a participant needs if they:

- Want to lose weight and gain energy;
- Take control of their health goals;
- Get online community support and accountability; and/or
- Have ever been told they have diabetes or prediabetes.

Employers are encouraged to share the below Omada eligibility quiz link with CBC participants.

Welcome with Email | Program Application | Omada (omadahealth.com)

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